



ALCOHOLISM REVIEW

FALL ISSUE — 1956
October through December



Featured This Issue

FOUNDATION BUYS NEW HOME
FOR WOMEN ALCOHOLICS,
PLANS DRIVE

Section 1

AlcoNews

	Page
Utah Alcoholism Review is Back Again	2
Foundation Buys New Home for Women Alcoholics, Plans Drive	2
Utah School of Alcohol Studies —1956	4
New Book for Wife of the Alcoholic	6
AA Skyline Conference	7
District Chapters of Foundation Organize in Northern and Southern Utah	8
From the Desk of the Executive Director	9
Items of Interest	9

Section 2

Treatment Digest

	Page
How Many Alcoholics?	10
Tuberculosis and Alcoholism	11

The Utah Alcoholism Review is a quarterly journal devoted exclusively to education on alcohol and alcoholism. It is published in the belief that an informed public will help immeasurably in the solution of this perplexing health and social problem.

AlcoNews

Utah Alcoholism Review Is Back Again

Hello Everybody . . . We're back again . . . and with renewed vigor to stimulate interest and incentive toward what's new with respect to Alcoholism, and with great faith in you, our readers. To bring you to date on some of the recent happenings is our foremost objective — principally the reason why we were able to revive this Review.

As an aftermath of the war, population increase plus the many accompanying social problems, developed more alcoholics, thus a greater work-load for the staff was necessary. Added to this came the understanding of alcoholism as a disease which brought additional demands for information, service and assistance. However, since the creation of the Utah State Board on Alcoholism in 1947 no appropriation increase in funds has been made available. Thus our financial means

were unable to meet the growing, uncontrollable demands, and long hours without remuneration or increase in salary scale were the inevitable result.

The latest development in this area was a deficit appropriation by the Board of Examiners, sanctioned by the Governor. So . . . we were able to correct some of the above conditions and thus re-establish contact with you — our public. We also wish to take this opportunity to thank you for your many letters which we received concerning this publication and to express our sincere gratitude and appreciation for your acknowledgement of the same. We hope in the future to continue as before, and that suggestions and criticisms will be forthcoming. These will be welcomed and accepted, and will give you an opportunity to participate through contributions to this organ of communication.

Foundation Buys New Home For Women Alcoholics, Plans Drive

The Utah Alcoholism Foundation found origin through need out of which several objectives were formulated. Three of these may be cited as follows: (1) To work for the accomplishment of treatment facilities for alcoholics; (2) To promote the understanding that the alcoholic can be helped and is worth helping, and (3) To promote and direct research into the field of alcoholism. In May of 1953 these

objectives found expression in the "House of Hope" — a home in Salt Lake City, Utah for women suffering from the disease of alcoholism. That such a need existed there was no doubt — and this was evidenced through surveys which disclosed revealing facts concerning this need.

The premise or the assumption that the alcoholic woman faces unnecessarily severe handicaps in regaining sobriety and a new way of

life, plus the growing need for a facility with service to assist these women, spirited a small group of interested citizens to effect the development of such a home. These citizens were assisted by the Utah Alcoholism Foundation and the Utah State Board on Alcohol, and a corporation was formed. The present House of Hope is the product of the cumulative effort of these organizations.

Since that time 367 women patients have been admitted to and have resided in the House of Hope, and many others have received services other than residence. The demand for such a Home soon exceeded the supply and the original House of Hope proved to be inadequate, as well as the financial assistance for the high rental requirement. So again, the Foundation surveyed the need and assumed the risk of a permanent structure for these women, at 1006 East First South. A small down payment was made by the Utah Alcoholism Foundation, and the task of raising funds to buy and to furnish this home for women has become a much needed responsibility of this organization. The goal of \$31,500.00 (the cost of the home) has been set and a campaign drive has been planned in order to reach this amount necessary to buy and to furnish the home.

Any woman with a drinking problem, plus a desire for a new way of life without alcohol, may enter the House of Hope. Complete medical examination is given and medical needs are provided including vitamin and mineral therapy. Food, lodging, and clothing are also provided where needed. Therapy consists of A.A. help, employment assistance, referral to vocational rehabilitation and/or other community agencies, counselling service to

patient and family members, and spiritual values through prayer, A.A. and Church affiliation. Residence at the home depends on the progress of the patient — usually 30 days or longer. A follow-up on some of the cases estimated that more than 175 patients have retained sobriety and are either employed, re-united with their family, or both.

The House of Hope is a treatment facility for alcoholics, and through this treatment has come understanding and justification for helping the alcoholic. This treatment center may also be considered and may serve as a research tool into the study of alcoholism . . . Thus is expressed three of the objectives of the Utah Alcoholism Foundation in the House of Hope. . . . The results obtained speak for themselves and justify its maintenance and its operation — Please help the Utah Alcoholism Foundation with your contribution to this worthy cause!

Open House at the House of Hope

On Sunday afternoon, September 16, 1956, the Officers and Members of the Alcoholic Women's Residence, Inc., and the Officers and Members of the Utah Alcoholism Foundation held "Open House" at the newly purchased House of Hope at 1006 East 1st South. The purpose for this occasion was to acquaint the people of Utah and the various agencies and organizations of the State with the present facilities, the need, and the responsibility for purchasing this property and furnishings, as well as serving as an entree to a capital fund drive to raise \$31,500.00 toward this objective — a home for alcoholic women. More than 200 people visited the House of Hope during this Open House Session. Aside from personal interests, these people rep-

resented various State and professional organizations in Salt Lake City, surrounding towns, and throughout the State as a whole. These guests were shown through

the Home and were served light refreshments. They were also given the opportunity to visit with those present. We feel it was a successful venture.

Utah School of Alcohol Studies 1956 - - Most Outstanding Held

The annual Utah School of Alcohol Studies at the University of Utah has continued to grow as was evidenced by the enrollment at the 1956 session. To date it has been the most successful held in terms of attendance, curriculum, and leadership. Attendance figures gave a total of 160 people registered and participating on a full-time basis at the school. Evening sessions averaged from 200 to 400 in attendance.

The attendance statistics of the Alcohol School portrayed an interesting trend with respect to professional categories. The field of education showed an increase from 21 to 52 people, or 32.5 per cent of the total membership enrollment. Health and Welfare agencies increased from 24 to 39 people, or 24.3 per cent, and Social Service increased from 8 to 15 people, or 9.3 per cent of the total enrollment. This may be interpreted to reflect new and added interest in the general over-all educational field. This appears to be a wholesome attack on the disease of alcoholism, since the hope for the future lies in the education of the general public.

A decrease in the medical and religious categories from 17 to 2, and 11 to 6 people respectively, represented 1.3 per cent and 3.7 per cent of the total 160 membership population. In line with these decreases it may be noted that national and international medical conferences were scheduled about the same time as our Alcohol

School, thus these conferences assumed precedence and many prior reservations were cancelled. With respect to the religious category per se, we suggest the following questions: How many members listed in other professional groups were also affiliated with, and representative of, religious denominations? Is it possible for an overlapping of professional groups with the choice in economic status rather than religious? How many members may be considered as salaried personnel of religious institutions?

The following Table No. 1, illustrates the attendance growth of the Utah Alcohol School during the five years of its existence.

The curriculum in the 1956 session included a wide range of subjects, as well as leadership within Utah and on a national scale. Group sessions which were scheduled, included the following fields: law enforcement, social work, education, medicine, religion, community education, and industry. General sessions were planned and integrated with the group session subjects around the disease of alcoholism.

One general session of outstanding interest was that given and panelled by Alcoholics Anonymous, in which members vividly portrayed personal experiences with the disease of alcoholism and rehabilitation through A.A. In addition to this, the Al-Anon Auxiliary (spouse of the alcoholic) sponsored the session in which Louis F. Presnall,

TABLE 1
STATISTICAL DATA OF ATTENDANCE

Institutions, Agencies, and Organizations:	1952	1953	1954	1955	1956	Total
Alcoholism	14	15	17	16	6	68
Correction and Reform	4	3	10	8	8	33
Education	22	15	35	21	52	145
Health & Welfare	10	3	5	24	39	81
Industry	10	4	11	15	12	52
Medical	13	7	30	17	2	69
Religion	7	10	9	11	6	43
Social Service	14	13	23	8	15	73
College Students	1	3	4	16	3	27
Other	8	6	6	8	17	45
Total	103	79	150	144	160	636
States:						
Arizona			4	2	3	9
California			1	4	3	8
Colorado	2	4	5	8	14	33
Delaware				1		1
Idaho			3	3	1	7
Illinois			1		1	2
Indiana			1	2	3	6
Kansas			17	6	11	34
Louisiana				2	3	5
Minnesota				3		3
Montana				2		2
Massachusetts				1		1
New Mexico	2	6	4	4		16
Nebraska				1		1
Nevada			1	2		3
Oregon				1	2	3
South Dakota				1		1
Texas				2	3	5
Utah	99	69	111	96	112	487
Washington			1	1	1	3
Wyoming				1	2	3
Wisconsin				1		1
New York				1		1
Total	103	79	150	144	160	636
Members of Alcoholics Anonymous (Represented in above classifications)	12	11	18	27	23	91

Employee Service Administrator, Kennecott Copper Company, Hurley, New Mexico, held the audience "spell-bound" with his discussion or review of *The Wife of The Alcoholic*.

Dr. Daniel J. Feldman, Assistant Professor of Physical Medicine and Rehabilitation, New York University-Bellevue Medical Center, highlighted the Conference session with his discourse on alcoholism in industry, and stated 80 per cent success achievement. It may be well

for other industrial centers to take note of this success formula, and to pattern such a program in this area in other states. Dr. Feldman emphasized the judicious use of probation, divorced from industry, as one of the most important factors in recovery. "All methods", he said, "must be used — regardless of prejudice and training — Alcoholism in industry is a fertile field. . . ."

Raymond G. McCarthy, Associate Professor, Public Health Education, Yale University Center of Al-